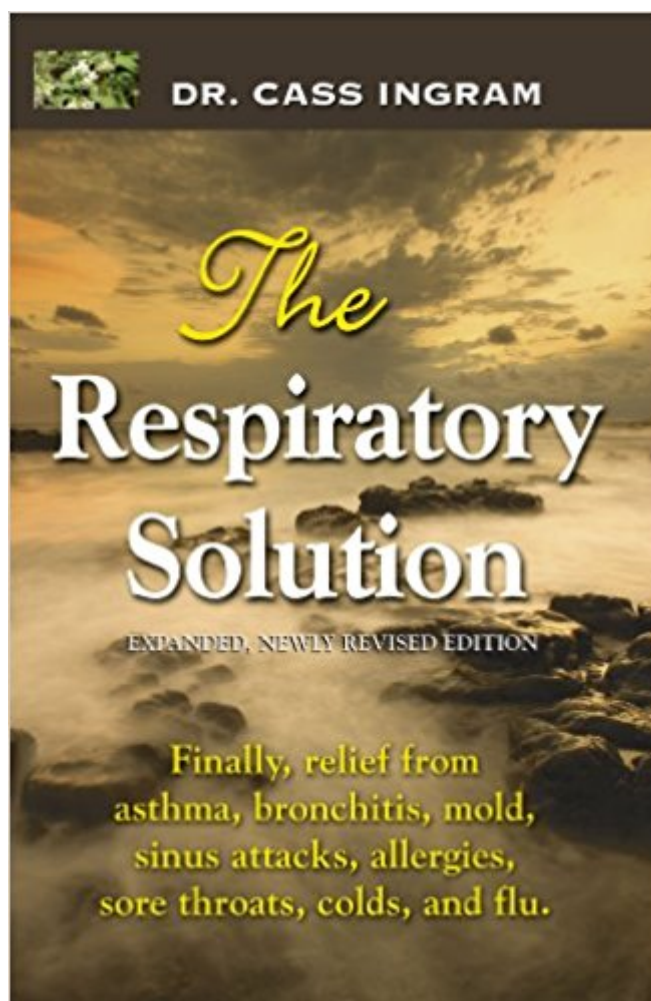


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# The Respiratory Solution (Expanded, Newly Revised Edition)



## Synopsis

Dr. Ingram gives you all the solutions you need for reversing respiratory complaints from A to Z. The solutions are all natural and herbal. Learn how: mold is the cause of sinus infection and bronchitis and how to reverse it sleeping position and how you breathe matters in both causing respiratory problems and reversing them natural cures, such as spice oils, oil of oregano, and raw honey, reverse virtually all respiratory complaints mold and fungus infections are a greater cause of respiratory disease than any other factor though viruses, including the flu virus, can be quickly destroyed with natural cures

## Book Information

Paperback: 238 pages

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Average Customer Review: 4.1 out of 5 stars 20 customer reviews

Best Sellers Rank: #662,507 in Books (See Top 100 in Books) #80 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lung & Respiratory Diseases](#) #89 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Respiratory](#) #485 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#)

## Customer Reviews

Dr. Cass Ingram is the author of over 20 books on natural healing. He gives answers and hope to millions through lectures and thousands of radio/TV shows. His research and writing have led to countless cures and discoveries. He now travels the world promoting perfect health the natural way.

good book

respiratory solution by cass ingram is a great book. thank you

Very informative.

With our environment, everyone seems to have allergies and lung problems. This is a great guide to figure out what you can do to help yourself.

Being able to breath is so important and my medical doctor can prescribe me with medication but what I really want is a natural cure. This book helped me understand what is going on and what I can do to move forward. I would recommend it.

Lots of good advice, Nice to have a more natural point of view.

If you suffer from sinus problems, such as myself, this is a great book to read. I have used one of the products, Oregacyn that Dr. Ingram recommends for sinusitis. It has helped greatly reduce the number of sinus infections that I have and has helped clear ones that start. I have allergies to pollen, trees, dust, etc. and this is the only supplement that I have ever taken that clears my sinus problems, so that I do not have to take antibiotics. I highly recommend this book. Dr. Ingram covers all sorts of other respiratory ailments too.

I have absolutely no breathing problems anymore. The greatest, is I'm not allergic to horses anymore! A true miracle! I have no allergies any more. Thank God for Wild Oregano Oil!

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